



Gather. Prepare. Send.

OUR G.P.S.

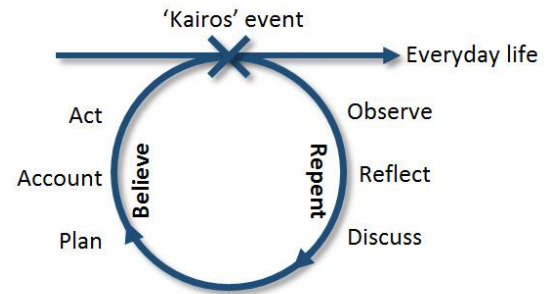
DISCIPLESHIP PATH

Week 4

DAILY DISCIPLESHIP RYTHYMS



Reflection Method



This Week's Morning and Evening Prayers

Morning Prayer

Good morning, Lord! I offer to you my day, All of my joys and my sufferings, my cares and my concerns, my accomplishments and my failures. All that I have, all that I do, is yours. Keep me in your care. Guard me in my actions. Teach me to love, and help me to turn to you throughout the day. The world is filled with temptations. As I move through my day, keep me close. May those I encounter feel your loving presence and live under Your forgiveness. Lord, be the work of my hands and my heart. Amen.

Immediately following: recite the Lord's Prayer:

"Our Father who art in heaven, hallowed be Thy name, Thy kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. For Thine is the kingdom and the power and the glory forever and ever. Amen."

Evening Prayer

Father,

*Now the light has gone away;
Father, listen while I pray,
Asking Thee to watch and keep
And to send me quiet sleep.*

*Jesus, Savior, wash away
All that has been wrong today;
Help me ev'ry day to be
Good and gentle, more like Thee.*

*Let my near and dear ones be
Always near and dear to Thee;
O bring me and all I love
To Thy happy home above.*

*Now my evening praise I give;
Thou didst die that I might live.
All my blessings come from Thee;
Oh, how good Thou art to me!*

*Thou, my best and kindest Friend,
Thou wilt love me to the end.
Let me love Thee more and more,
Always better than before.*

AMEN.

Immediately following: recite the Lord's Prayer:

"Our Father who art in heaven, hallowed be Thy name, Thy kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. For Thine is the kingdom and the power and the glory forever and ever. Amen."

1. Monday

i Scripture Reading:

Read Galatians 4:1-7

Reflection At Day's End (before Evening Prayer):

What has Jesus taught me today through His Word?

What has He taught me today through my experiences?

Where in my encounter with the Word and in my relationships and life do I see I need to repent, or "turn away from?"

Follow the Reflection Method in your Reflection Rhythm.

2. Tuesday

i Reading from a Church Father

"When, however, he says, "you were in servitude to those who are by nature no gods," he sufficiently proves that one true God is God by nature, by whose name the triune God is received in the most faithful and catholic bosom of the heart. "Those who are by nature no gods" are described by him as governors and overseers. There is no creature, whether it abides in truth by giving glory to God or fails to abide in truth by seeking its own glory – there is, I say, no creature that does not willy-nilly serve divine providence...But, just as the magistrate under the imperial law does nothing but what is permitted to him, so the governors and overseers of this word do nothing whatever God allows – St. Augustine, THE GALATIANS

Reflection At Day's End (before Evening Prayer):

What has Jesus taught me today through His Word and Teaching?

What has He taught me today through my experiences?

Where in my encounter with the Word and in my relationships and life do I see I need to repent, or "turn away from?"

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3. Wednesday

i Scripture Reading:

Read Galatians 4:8-20

Reflection At Day's End (before Evening Prayer):

What has Jesus taught me today through His Word and Teaching?

What has He taught me today through my experiences?

Where in my encounter with the Word and in my relationships and life do I see I need to repent, or "turn away from?"

Follow the Reflection Method in your Reflection Rhythm.

4. Thursday

i Psalm Meditation:

Read Psalm 4

Reflection At Day's End (before Evening Prayer):

What has Jesus taught me today through His Word, Teaching, and in Worship?

What has He taught me today through my experiences?

Where in my encounter with the Word and in my relationships and life do I see I need to repent, or "turn away from?"

Follow the Reflection Method in your Reflection Rhythm.

5. Friday

i Scripture Reading:

Read Galatians 4:21-31

Reflection At Day's End (before Evening Prayer):

What has Jesus taught me today through His Word and Teaching?

What has He taught me today through my experiences?

Where in my encounter with the Word and in my relationships and life do I see I need to repent, or "turn away from?"

Follow the Reflection Method in your Reflection Rhythm.

6. Saturday

i Scripture Reading:

Read Galatians 5:1-6

Reflection At Day's End (before Evening Prayer):

What has Jesus taught me today through His Word and Teaching?

What has He taught me today through my experiences?

Where in my encounter with the Word and in my relationships and life do I see I need to repent, or "turn away from?"

Follow the Reflection Method in your Reflection Rhythm.

7. Sunday

i **WORSHIP**

Reflection At Day's End (before Evening Prayer):

What has Jesus taught me today through His Word, Teaching, and in Worship?

What has He taught me today through my experiences?

Where in my encounter with the Word and in my relationships and life do I see I need to repent, or "turn away from?"

Follow the Reflection Method in your Reflection Rhythm.