



Gather. Prepare. Send.

OUR G.P.S.

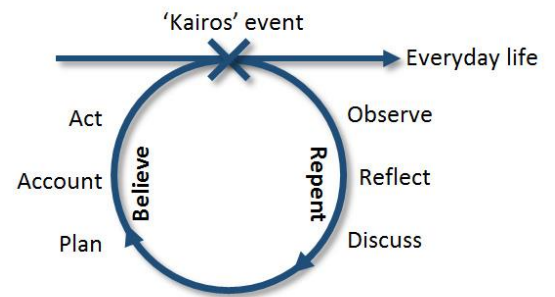
DISCIPLESHIP PATH

WEEK 1

DAILY DISCIPLESHIP RYTHYMS



Reflection Method



This Week's Morning and Evening Prayers

Morning Prayer

"I thank you, my Heavenly Father, through Jesus Christ, your dear Son, that You have kept me this night from all harm and danger; and I pray that You would keep me this day also from sin and every evil, that all my doings and life may please You. For into Your hands I commend myself, my body and soul, and all things. Let Your holy angel be with me, that the evil foe may have no power over me. Amen."

Immediately following: recite the Lord's Prayer:

"Our Father who art in heaven, hallowed be Thy name, Thy kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. For Thine is the kingdom and the power and the glory forever and ever. Amen."

Evening Prayer

"I thank You, my heavenly Father, through Jesus Christ, Your dear Son, that You have graciously kept me this day; and I pray You to forgive me all my sins where I have done wrong, and graciously keep me this night. For into Your hands I commend myself, my body and soul, and all things. Let Your holy angel be with me, that the wicked foe may have no power over me. Amen."

Immediately following: recite the Lord's Prayer:

"Our Father who art in heaven, hallowed be Thy name, Thy kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. For Thine is the kingdom and the power and the glory forever and ever. Amen."

1. Monday

i Scripture Reading:

Read Galatians 1:1-10

Reflection At Day's End (before Evening Prayer):

What has Jesus taught me today through His Word?

What has He taught me today through my experiences?

Where in my encounter with the Word and in my relationships and life do I see I need to repent, or "turn away from?"

Follow the Reflection Method in your Reflection Rhythm.

2. Tuesday

i Reading from a Church Father

"Furthermore, it is taught that we cannot obtain forgiveness of sin and righteousness before God through merit, work, or satisfactions, but that we receive forgiveness of sin and become righteous before God out of grace for Christ's sake through faith when we believe that Christ has suffered for us and that for his sake our sin is forgiven and righteousness and eternal life are given to us. For God will regard and reckon this faith as righteousness in his sight, as St. Paul says in Romans 3[:21-26] and 4[:5]." – The Augsburg Confession, Article IV

Reflection At Day's End (before Evening Prayer):

What has Jesus taught me today through His Word and Teaching?

What has He taught me today through my experiences?

Where in my encounter with the Word and in my relationships and life do I see I need to repent, or "turn away from?"

Follow the Reflection Method in your Reflection Rhythm.

3. Wednesday

i Scripture Reading:

Read Genesis 1

Reflection At Day's End (before Evening Prayer):

What has Jesus taught me today through His Word and Teaching?

What has He taught me today through my experiences?

Where in my encounter with the Word and in my relationships and life do I see I need to repent, or "turn away from?"

Follow the Reflection Method in your Reflection Rhythm.

4. Thursday

i Scripture Reading:

Read Genesis 2

Reflection At Day's End (before Evening Prayer):

What has Jesus taught me today through His Word, Teaching, and in Worship?

What has He taught me today through my experiences?

Where in my encounter with the Word and in my relationships and life do I see I need to repent, or "turn away from?"

Follow the Reflection Method in your Reflection Rhythm.



Gather. Prepare. Send.

OUR G.P.S.

5. Friday

i Scripture Reading:

Read Galatians 1:11-24

Reflection At Day's End (before Evening Prayer):

What has Jesus taught me today through His Word and Teaching?

What has He taught me today through my experiences?

Where in my encounter with the Word and in my relationships and life do I see I need to repent, or "turn away from?"

Follow the Reflection Method in your Reflection Rhythm.

6. Saturday

i Scripture Reading:

Read Genesis 2

Reflection At Day's End (before Evening Prayer):

What has Jesus taught me today through His Word and Teaching?

What has He taught me today through my experiences?

Where in my encounter with the Word and in my relationships and life do I see I need to repent, or "turn away from?"

Follow the Reflection Method in your Reflection Rhythm.

7. Sunday

i **WORSHIP**

Reflection At Day's End (before Evening Prayer):

What has Jesus taught me today through His Word and Teaching?

What has He taught me today through my experiences?

Where in my encounter with the Word and in my relationships and life do I see I need to repent, or "turn away from?"

Follow the Reflection Method in your Reflection Rhythm